

Contacts for psychological and other medical support outside FZP CZU

PSYCHOLOGICAL SUPPORT IN CRISIS SITUATIONS

Crisis Intervention Centre, Bohnice Psychiatric Hospital

This centre offers immediate psychiatric and psychological assistance 24/7, no prior appointment needed. An English-speaking doctor practices at this centre, and there is the possibility of English-speaking telephone service upon prior notice.

Address: Ústavní 91, 181 02 Prague 8

Tel.: +420 284 016 110 (nonstop), +420 284 016 666

Website: <https://www.bohnice.cz/krizova-pomoc/>

Crisis Centre RIAPS

A health care facility providing complex patient care for difficult, psychic health threatening life situations. The center's team is a combination of psychologists, psychiatrists, nurses and social workers, helping clients resolve their problems actively.

Tel.: +420 222 586 768

Website: <https://www.csspraha.cz/eng>

Prague Helpline

A telephone service for nonstop crisis assistance and basic counselling. It is also possible to receive assistance through email or online chat.

Tel.: +420 222 580 697 (nonstop)

Website: <https://www.csspraha.cz/eng>

Diaconia SOS centrum – Daytime crisis service

Provides professional help, support and information to people in difficult or crisis situations. This service also helps clients prevent similar situations from happening and supports those who wish to solve their problems independently.

It is open Mon - Friday 9 a.m. - 8 p.m. English speaking service is available.

Address: Varšavská 37, Prague 2

E-mail: linka.duvery@diakonie.cz

Website: <https://www.soscentrum.cz/en/>

FOKUS Praha

Provides support and counselling services for adults experiencing mental health problems, mostly with psychotic symptoms.

Tel.: +420 233 553 303

Website: <https://fokus-cr.cz/index.php/en/contact>

ADDICTIONS

SANANIM (drug abuse)

Tel.: +420 602 666 415 Mon - Fri 1 p.m.- 5 p.m.)

Website: <http://www.drogovaporadna.cz/kontakty.html>

(website is in Czech only, but they offer support in English)

DOMESTIC VIOLENCE

BKB (member of Victim Support Europe)

This victim support service combines standard professional counselling, specialized services (psychotherapy, process acts accompaniment, court hearing preparation, financial issues, physiotherapy) and non-standard situations (injured victim visitation, cross-border assistance, etc.).

Address: U Trojice 2, 150 00 Praha 5, tel.: 116 006 (nonstop), +420 257 317 100 nonstop

Mon – Thu: 5 a.m. – 8 p.m., Fri 9 a.m. – 1 p.m. (Friday by appointment only)

Email: bkb.praha@bkb.cz Website: <https://www.bkb.cz/en/>

INTERVENTION CENTRE FOR PEOPLE UNDER THREAT OF DOMESTIC VIOLENCE

Their service is intended for persons at risk of domestic violence after expulsion from shared household as well as for persons subjected to domestic violence in absence of expulsion.

Address: Chelčického 39, Prague 3 – Žižkov, 130 00 (tram/bus stop: Olšanské náměstí)

Tel.: +420 281 911 883, +420 734 510 292

Email: icpraha@csspraha.cz Website: <https://en.intervencnicentrum.cz/>

ROSA

Help for women who are victims of domestic violence

English speaking services available upon prior agreement. Online chat available.

Tel.: SOS helpline +420 602 246 102 (Mon-Fri 9:00 a.m.- 6:00 p.m.)

Email: poradna@rosa-os.cz Website: <https://www.rosacentrum.cz/about-us/>

ACORUS

Their mission is to help people suffering from domestic violence and facilitate their integration back into normal life. Online chat available.

Tel.: +420 283 892 772 (nonstop)

Website: <http://www.acorus.cz/cz/english.html>

EATING DISORDERS

Linka Anabell

Tel.: +420 774 467 293 (Mon - Fri 10 a.m. - 4 p.m.)

E-mail: posta@anabell.cz iporadna@anabell.cz

Website: <http://www.anabell.cz>

(website is in Czech only, but they offer support in English)

www.facebook.com/centrum.anabell

www.instagram.com/anabell_cz

WOMEN (counselling, shelters)

Caritas of the Archdiocese of Prague

Social counselling, shelters for mothers and children

<https://praha.charita.cz/en/social-services/families-in-need/>

Centre for Integration of Foreigners

Social counselling, consultation on health insurance and medical care, family matters

<https://www.cicops.cz/en/social-counselling/14-infoservis/marriage-childbirth-family/30-woman-foreigner-having-a-child>

MEDICAL SERVICES

General emergency contact: 112 (Integrated Rescue System)

HOSPITALS

Motol University Hospital

Address: U Úvalu 84, Prague 5

Tel.: +420 224 431 111 (switchboard)

Foreigners Department Tel.: +420 224 433 682

Email: cizinecke@fnmotol.cz

Website: <https://www.fnmotol.cz/en/samoplatci/>

Military University Hospital

Address: U Vojenské Nemocnice 1200, Prague 6

Tel.: +420 973 208 333

Email: info@uvn.cz

Website: <https://www.uvn.cz/en/>

General University Hospital in Prague

Address: U Nemocnice 499/2, 128 08 Prague 2

Tel.: +420 224 961 111 (switchboard)

Email: vfn@vfn.cz

Website: <https://www.vfn.cz/en/#m>

OTHER HEALTH ISSUES

Czech AIDS Help Society

Tel.: 800 800 980

Website: <https://www.aids-pomoc.cz/information-in-english.html>

App Nepanikař (Do not panic!)

Free app for psychological support

<https://nepanikar.eu/aplikace-nepanikar/>